

## COMMUNITY GROUP OUTLINE—THE WEEK OF SEPTEMBER 16, 2018

### 40 DAYS OF PRAYER SERIES

#### “How to Pray Throughout the Day”

- Your goal as the leader is to bring the group into a stimulating discussion that helps the members recognize their needs for personal life change. Ultimately you want them to be willing to commit to change with accountability to the group. Accountability helps us to persevere in our commitments and achieve the blessings of success.
- The Lord’s Prayer covers every need of our lives, so in this discussion, we’ll use it as a model for *how* (and not what) to pray throughout the day.

#### WELCOME

Share something you are grateful for with the group.

- Goals: Help group members understand the importance of keeping a running conversation with God throughout the day. Encourage members to start with gratitude, praise his name, and seek his will above all else. Remind them to ask him for anything they need, as well as to intercede for the needs of others, and to ask for forgiveness for sins and help them forgive the sins of others. Motivate them to ask God for help making wise decisions and to end each day with his encouraging truth through scripture.

#### WORSHIP

- Pray: FATHER, through the Holy Spirit, help us to pray at all times with all kinds of prayers, not to be afraid to ask the Father for everything we need, and to bless the needs of others. Jesus, give us the strength always to be ready to come to the Father, to ask for forgiveness of our sins each day, and to forgive those who sin against us. Help us never to give up and put you first, as we remember that yours is the kingdom, and the power, and the glory, forever! Amen

#### WORD

*“Every good gift and every perfect present comes from your Father of light in heaven...” James  
1:17*

1. We should get up each morning with a prayer of gratitude. Share one thing you could thank God for every morning.
2. When you feel God’s constant love for you and know he is good to you, how does it affect the frequency and the content of your prayer?  
*“If you seek first God’s kingdom and his righteousness, all the other things will be given to you as well.” Matthew  
6:33*
3. If you have experienced a good opportunity that opened up in front of you, when you sought first God’s kingdom and righteousness, share it with your group.
4. In praying we should consider God’s plan for ourselves, but how clear is God’s plan for you?  
*“And lead us not into temptation, but deliver us from the evil one.” Matthew 6:13 (NIV)*
5. While you are fighting against temptation, how does prayer help you overcome it?  
*“...And God is faithful ... when you are tempted, he will also provide a way out...” 1 Corinthians 10:13(NIV)*
6. Give an example of an encouraging prayer from the Bible.

#### WORKS

Share with the group one way you will enhance your prayer life this week.